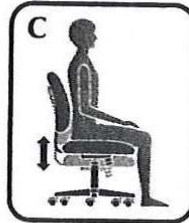


ERGONOMIC CHAIR FEATURES



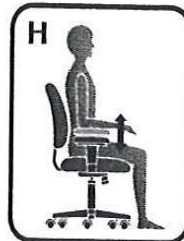
BACK ANGLE

Adjust to change the angle of your torso in relation to your thighs. Helps reduce disc pressure and relaxes your back muscles.



SEAT HEIGHT

Raise or lower to allow your feet to rest flat on the floor. Avoids pressure under your thighs, easing blood flow.



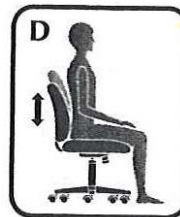
ARM HEIGHT

Raise or lower to support your forearms. Reduces muscular effort in neck and shoulders, minimizing risk of pain.



WIDTH ADJUSTABLE ARMS

Allows outward movement of armrests to match shoulder breadth. Ensures armrests properly support forearms, reducing muscular effort in neck and shoulders.



BACK/LUMBAR HEIGHT

Raise or lower to position lumbar support in your lumbar area. Reduces likelihood of back pain.



SEAT DEPTH

Change the depth of the seat to accommodate the length of your thighs. Keeps your back in contact with the backrest while avoiding pressure behind your knees.