

Trusting Your Instincts

Certain comments and/or conduct may not be welcomed. For example, this could include someone taking pictures of you without your consent. Consider:

- Keeping personal information at a minimum when talking with anyone who makes you feel uncomfortable
- Not engaging in conversations that make you feel uncomfortable. Excuse yourself and walk away
- Being firm and confident and do not permit any kind of harassment, sexual, racial or otherwise
- Being alert for anger and hostility. De-escalate arguments whenever this is possible
- If you feel you are being harassed, threatened or intimidated: tell the person to stop, document the incident and inform your supervisor. Know what resources are available to you including security, representation from your bargaining unit, employee relations, etc.