

TMG Spotlight



Sonia Hawrylyshyn, CEC

Manager Employee Career Services, Organizational Development, HRS

“The bigger your challenges, the bigger your opportunity for growth

- Karen Salmansohn

Background Experience

- 20+ years in Career Coaching, Learning & Development Consulting, Corporate Training (leadership, team building, change & transition), Job Search Coaching in public and private sectors, Adult Educator
- Joined McMaster in October 2004 and successfully launched Employee Career Services in January 2005

Current Activities & Projects

- Member of Organizational Development Team, HRS, member of Talent Management Sub Committee (IDP and Coaching Working Groups; Mosaic E-Performance/Development); Mentor in New Mentorship program
- Employee 1:1 career coaching, team sessions / presentations, new 1:1 leadership coaching for TMG
- Redesigning Employee Career Services website for 2015; Developing new Career Foundations workshop

Career Accomplishments

- Certified Executive Coach, Royal Roads University
- Administered Myers Briggs Type Indicator, Personality Dimensions, True Colors, WPI Leadership Assessments to individuals and teams
- Coached & mentored numerous people at all levels & sectors throughout career
- Launched Resume, Interviewing and Coaching for Development HR LInC workshops