

# perspectives



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### Taking McMaster Downtown

By Joanne Kehoe

Close to 200 McMaster employees have pulled up their roots at the main campus and have added some "class" to downtown Hamilton.

Since the City of Hamilton donated the old courthouse building to McMaster as part of the "Changing Tomorrow Today" campaign, departments have gradually painted, purchased new furniture and in one case erected walls to settle in their new "home away from home".



McMaster University Downtown Centre

Over the last calendar year, staff from Accounts Payable, Analysis & Budgeting, Benefits, Continuing Education, Customs & Traffic, Financial Services, Finance, Foundation for Medical Education, Internal Audit, Investments, Ontario Physician Human Resources Data Centre (OPHRDC), Payroll, Purchasing, Regional Medical Associates, United Nations University (International Network on Water, Environment And Health UNU/INWEH), University Advancement (Advancement Services, Development & Public Relations) have relocated to the building. Two research teams from the Department of Clinical Epidemiology and Biostatistics set up shop on the 3rd floor of the courthouse in February.

### Pleasant Surprises

"The folks in Purchasing Resources really enjoy it here," declares Terry Galan, Director of Purchasing Resources. "It's brighter, cleaner, close to shopping in the downtown area, great heating and air conditioning and we receive custodial services every day."

"It's like being part of a select society over here and we love it," according to Lyn Chrysler, Research Coordinator, Database Administrator, OPHRDC. "Our group moved into the 3rd floor in mid-December. We love the windows!"

*I love this building – it's beautiful and I can't say enough about my personal work space.*

Silvia Berlingieri, Data Entry Clerk with Advancement Services concurs, "I didn't want to come downtown – in fact I was dreading the move here. However, I love this building – it's beautiful and I can't say enough about my personal work space – I actually have some!"

Susan Speare, Trust Funds, Financial Services, sees the move as a much needed fresh start. "The new atmosphere has done wonders for me"

Beth Harris, Administrative Secretary with the Centre for Continuing Education also enjoys her new digs. "I do enjoy working in the newly renovated building – especially the windows."

### Big Changes and Small Touches

Renovations were extensive – especially on the second floor, where the Centre for Continuing Education transformed an expansive space containing 4 courtrooms into 16 classrooms, 3 computer labs (one on the 1st floor) and office space.

Walking through all of the floors there is an appealing sense of charm in the work stations – with such homey touches as plants, pictures and comfy chairs and couches.

"The facilities here are by far much improved and more spacious than our former offices and cubbies on campus," says Lynda Fraser, Imaging Specialist, University Advancement (UA).

"It's very evident that particular effort is being placed on creating a supportive and cooperative environment – we enjoy being part of the family!" states Lyn Chrysler.

"Personally, I love it here. The building has an excellent business atmosphere without the pushing and shoving of the students in the hallways and stairwells," voices Carol Fletcher, Administrator of Purchasing Resources.

Tammy Purchase, Executive Secretary with Regional Medical Associates adds, "the building itself is very clean and quiet. It is hard to get used to the hustle and bustle of the downtown

### Staying Connected to the Main Campus

The main campus is still very much in the hearts of many employees here and some are experiencing a sense of disconnection with the campus and all of its activities.

Dale Poole, Donations Coordinator, UA, comments. "Being on campus is part of working at McMaster alongside the students – the cycles of registration, classes, exams and convocations."

*"I miss the students – their noise was wonderful,"  
says Silvia Berlingieri.*

UA's Tracing & Reports Specialist Ellen MacPhie agrees, "I miss the student life on campus. When you don't physically work on campus I feel I don't work for McMaster University."

Lynda Fraser, who has a dual affiliation with McMaster as both an employee and a part-time undergraduate student, shares these concerns.

"I desperately miss the campus environment. I have to make special trips to get books, and library resources. Also a course once taken on my lunch hour can no longer be considered without having to make up some work time."

Many find the separation a bit difficult to manage meetings and retain relationships.

"It certainly isn't as productive for people like me who have a need to travel back and forth." says Terry Galan.

"On-campus meetings are re-scheduled, cancelled and are becoming less frequent," states Dale Poole.

### Court House Building

The Courthouse was constructed in 1958 on "Prince's Square", so named for the visit of the Prince of Wales (King Edward VII), in 1864. It was the original site of Hamilton's second courthouse demolished in the 1870's. Queenston limestone – blocks of Indiana limestone- form slightly concave facades on each wing and bear sculpted figures by Joseph A. Gause symbolizing the development of industry and agriculture and the twin progress of Wentworth and Hamilton. The bright and spacious foyer gives an impressive introduction to the building – pillared and walled with Quebec granite. The flooring is of Tennessee Endesley pink marble, with walls of polished Botticino marble – "book-matched" to form continuing patterns.

## Parking Frustrations

A major concern shared by most of the relocated staff is downtown parking. Although most seem satisfied with a new policy that has been in place for a couple of months, it remains a hot topic.

"I think the major point for everyone here at the courthouse is the parking issue," states Tammy Purchase. "We're all concerned about safety, distance, etc."

## Downtown a Delight

Most staff are delighted with other advantages of being in the downtown core on a daily basis.

"I am amazed at all there is to see in Downtown Hamilton. I've been to the Art Gallery a few times already. The restaurants are incredible and how we have our own Chef Gareth in the basement here!" enthuses Silvia Berlingieri. Neighbouring restaurants are seeing an increased patronage, but the culinary talents of Gareth Jones, chef at the building's "Gallery Café" keeps staff and evening CCE students well-satiated.

"I like the convenience and the variety (of the Gallery Café) – not to mention the mouth-watering selections," Nancy Butchert, Program Coordinator with the Centre for Continuing Education. "Mmm...mmm....good!"

Now that the courthouse has been officially named the "Downtown Centre", external signs are under construction and will grace the front and side green-space and the entrance this spring. The university is planning an official public opening this year, however no date details have been confirmed.

*Joanne Kehoe is the Program Coordinator for the Centre for Continuing Education and has been at McMaster since 1998.*

## McMaster Faculty and Staff Heal Afghan Wounds

*By Ibrahim Inayatali*

Afghanistan is one of the unluckiest countries in the world. Even before September 11, 2001 and its aftermath, the people of Afghanistan had suffered exposure to the worst kinds of violence and deprivation for 23 years. A 1997 UNICEF study of youth and children in Kabul found that one third of them had watched a member of their family killed, two-thirds had seen dead bodies or parts of dead bodies, nearly half had seen multiple persons killed at one time, 90% had thought they would die during fighting and 73% were worried they might not live to become adults.

It was in this context that Seddiq Weera traveled to Peshawar, Pakistan in November 1999 to share his views on peace education, national reconciliation and psychosocial healing. Weera is an Afghan-Canadian physician and member of McMaster's Faculty of Humanities' Centre for Peace Studies. His workshop, offered to non-governmental organizations (NGOs) running educational programmes inside Afghanistan, led to an invitation from two of these NGOs—the Swedish Committee for Afghanistan and the British Broadcasting Corporation, education section—for an expanded, week-long workshop in March 2000. This workshop was highly praised and brought requests for the development of training workshops and written materials for both adults (including Afghan intellectual, political and military leaders) and children.



The United Empire Loyalists Statue at McMaster University Downtown Centre

The three-and-a-half ton United Empire Loyalists statue dominates the green-space in front of the courthouse building. The statue was a gift to the city from Mr. Stanley Mills, then owner of Stanley Mills & Co. department store in Hamilton. The bronze statue has stood since its unveiling in 1929 and depicts a family of Loyalists at the moment they have drawn their lot number from the government surveyor. Stone for the pedestal was obtained from quarries at Queenston Heights. A copper cornerstone box containing copies of local paper coverage of the unveiling ceremony and a number of rare books recounting the history of the Loyalists has been placed inside the statue.

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With financial support from the Canadian International Development Agency (CIDA), the "Media and Peace Education in Afghanistan" project was launched in August 2000. Over the next year a team of scholars based at the Centre for Peace Studies developed a field team along with a separate story-writing team that wrote stories for children incorporating psychosocial, reconciliation and problem-solving messages. Several field partners indicated a willingness to utilize the written materials and to help organize workshops for Afghans and NGOs operating in Afghanistan. The Afghan University based in Peshawar proved to be an especially helpful partner. TRANSCEND (<http://www.TRANSCEND.org>), a network of scholars-practitioners working for peace and development in dozens of war zones under the leadership of peace researcher Johan Galtung, also became an official partner in this work.

Within the first five months of the project, sixteen stories for children and a peace manual for teachers and parents were developed. A team of experts including Joanna Santa-Barbara, Mary-Jo Land, Graeme MacQueen, Kevin Land and Jack Santa-Barbara led the story-writing while Seddiq Weera was providing contextual and cultural information. Seddiq Weera wrote the peace manual that was enriched by other members of the project team. In the summer of 2001, Religious Studies PhD candidate, Alison Miculan who played a key role by assisting with various project tasks, joined the Afghanistan project team.

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the stories and manual will be further edited,  
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field tested and mass distributed.*

In the seventh month of the project (February 2001) key meetings and workshops were held, mainly in Peshawar, Pakistan, where many NGOs as well as Afghan intellectuals and former leaders were based at that time. The team received feedback on the stories and manual from Afghan educational experts and the written materials were revised and translated into Pashto and Dari. With additional funding, the stories and manual will be further edited, typed into Afghan languages, field tested and mass distributed.

The series of sixteen stories for children deal with issues such as understanding the emotional impact of losses, learning the importance of sharing feelings, understanding worries and fears, understanding diversity, learning to empathize with others and learning how to solve conflicts non-violently. The stories covers a period in the life of a typical extended Afghan family that has a rural base but includes urban members. The family has been afflicted by physical losses through landmines and expulsion from its home in the countryside and must deal with the grief of these losses while moving to the city and living in a camp for internally displaced people. The family has to learn how to manage and how to provide support for its members. The stories are posted at <http://www.humanities.mcmaster.ca/~mpeia/>. Needless to say, there is some irony in the fact that these stories were written before the post-September 11 military action in Afghanistan, during which Afghans have experienced further tragedies and dislocations.

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In February 2001 in Peshawar, with the help of TRANSCEND, three major workshops on conflict transformation and reconciliation were held for 150 political leaders, NGO members, university professors and community leaders. About 25 additional meetings were held in Peshawar, Islamabad and Rome with Afghan leaders and organizations, the Canadian High Commissioner and his staff in Pakistan and the UN Special Envoy to Afghanistan. The McMaster team received tremendous support and encouragement from these groups and individuals. Members of the Afghan University, including the Chancellor, repeatedly expressed a desire to have peace education incorporated into the major programmes of the university.

Importantly, key Afghans have endorsed McMaster-TRANSCEND's role:

- Afghan groups and parties have no negative prejudice about Canada and do not expect a hidden agenda from a Canadian academic group.
- This group does not represent or favour any political party, military faction or ethnic group.
- This group brings the right expertise to help Afghans solve their differences. For example, the themes of national and regional cooperation and the process for developing a Peace and Reconciliation Platform sounds appealing because they give a sense of security to all groups.

What does the future hold for McMaster's work in Afghanistan? A top priority must be the completion of the "Media and Peace Education" project, notably the storybooks for children, which are more urgently needed than ever. In the meantime, the Centre for Peace Studies has been assured of CIDA support for a second and larger project called, "Strengthening Peace-building Capacities of Civil Society." This project will begin immediately.

*Ibrahim Inayatoli is the Principal Giving Officer at the Office of University Advancement. He has been an employee of McMaster University since 1999.*

## Editorial

### Putting it into Perspective

*By Marilyn McIntyre (Co-Editor)  
and Rickie Pattenden (Co-Editor)*

The Cambridge International Dictionary of English describes perspective as a thought, a noun, a particular way of considering something. Thinking about a situation or problem in a wise and reasonable way **gets or keeps** it in **perspective**, comparing it to other things so that it can be accurately and fairly judged **puts it in(to)** perspective.

The purpose of this newsletter is just that—getting the thoughts, points of view, the events that affect McMaster workers—into perspective. It is a newsletter for you, the employees of McMaster University, by you and about you.

The Editorial Board of this fledgling newsletter is pleased to present our premiere attempt at a university wide newsletter for McMaster employees. However, conspicuously absent from this, our first effort is YOU! In order for the this newsletter to achieve the success envisioned by its creators we need to hear from you—your opinions, your ideas, your likes and dislikes. We want you to shine in the Perspectives spotlight by featuring your stories, your artwork, your creativity, opinions, and humour, your letters to the editors.

Since the attack of the September 11 on the World Trade Centre in New York City, much of our attention has been turned toward Afghanistan. In this infant issue we present some McMaster perspectives on peace and war, from Ibrahim Inayatoli's timely article about our own Dr. Seddiq Weera's travels to Peshawar, Pakistan where he shared his views on peace, to Nancy Kolenski's contribution of fiction reflecting the thoughts of a young soldier engaged in war.

As a regular feature of the Perspectives newsletter, Kenneth Moyle will be providing us with a glimpse of McMaster's past, putting into perspective where we have been while Donna Millard's quick facts gives us an instant overview of where we are today. The McMaster University staff are far flung and as we continue to expand and grow, it is our hope that the Perspectives newsletter will become the locus to showcase news of the places, people and events that make us one. This is your venue. We hope you use it. We hope it amuses, entertains, provokes ideas and gives us a forum for the unique perspective on University life. Welcome to Perspectives.

*Marilyn McIntyre is the Programme Assistant for the CHS-HRM Programme Clinical Epidemiology & Biostatistics. She began her employ at McMaster in 1990.*

*Rickie Pattenden is the Office Manager of Parking & Transit Services and has been employed at McMaster since 1991.*

## Letters to the Editor

Dear Members of the Perspectives Editorial Board;

Congratulations on your start-up success in launching Perspectives! The Core Competencies Committee is delighted to see another "Working at McMaster/Staff Survey" project bear fruit. Please accept our best wishes, from one team striving to optimize our working environment here at McMaster, through collaborative ventures, to another. "By employees for employees" is a great principle to underpin your new communication vehicle.

Our committee has established that the foremost core competency is "Communicating". Perspectives is now in a unique position to deliver effective communications and encourage meaningful participation, in a way that will create optimal work and fulfilling work lives for us all. As such, we also hope that your board will take a keen and ongoing interest in our development and "roll out" of core competencies for McMaster.

Once again, congratulations! We look forward to the next issue.

*Dale Schenk*  
*Chair, Core Competencies Committee*

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Members of the Perspectives Editorial Board,

Kudos to all of you! The new electronic newsletter "by employees, for employees," will serve well to make McMaster a more integrated and cohesive community.

Perspectives encourages significant employee participation by providing a forum for discussion of issues relevant to making our working life at McMaster a pleasant and rewarding experience. The Employee Lounges Steering Committee salutes your efforts.

Our efforts have also served McMaster employees in a very positive and tangible way. Two new employee lounges were recently opened, one in Arthur Bourns Building and the other in Burke Science Building. In addition, our committee is working with employees in the Courthouse to bring its lounges to standard. We hope to bring a number of other lounges to standard in the coming year, and to use Perspectives from time to time to celebrate these future successes.

Keep up the good work. We look forward to the next issue of Perspectives!

*Ingrid Ellis*  
*Chair, Employee Lounges Steering Committee*

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Dear Perspectives,

Our team is so excited to see this "by employees, for employees" newsletter emerge, and particularly to realize that it is made available on the new web vehicle Working at McMaster which our committee has been developing for some time. While we started out looking at "career counselling" resources for our employees, our team has now broadened its mission to "advocating a new culture of career planning and development for McMaster employees". Our team congratulates you on your first issue!

Warmest Regards,  
*Tina Horton*  
*Chair, Career Planning & Development/  
Working At McMaster Website Steering Committee*

# Tips for Healthy Living

By Dr. Finola Foley

Changes in your lifestyle can reduce your risks for many diseases including heart disease, stroke, cancer and depression. Not all changes are easy but if you are willing then these suggestions will start you on the path to healthier living.

1. **BECOME SMOKE FREE**—Smoking is the #1 cause of preventable disease and death in Canada. So, no matter how much or how long you have smoked, it is never too late to quit.
2. **5 TO 10 A DAY**—The Canadian Cancer Society and the Heart and Stroke Foundation recommend 5 to 10 servings of fruit and vegetables a day as part of a healthy diet to reduce your risks for heart disease, stroke and cancer.
3. **RELAX**—Stress is believed to be a contributing factor in many health problems. Recognize, identify and try to minimize the sources of stress in your life or try relaxation techniques such as yoga, meditation, deep breathing and exercise.
4. **START WALKING**—Active living is a key contributor to good health and one of the simplest ways to increase your activity is by walking briskly for 1/2 hour at least three times a week.

*Finola Foley is a Physician in Employee Health Services, located in McKay Hall.*

# Original Literature & Poetry

In this, the first offering of Original Literature & Poetry, a McMaster Employee's perspective on peace and war is presented:

## Letter of Love

By Nancy Kolenski

Dear Mom and Dad

The fighting here in these war torn streets is unlike anything I have ever seen or could ever imagine  
The blasts aren't like 4th of July fireworks, these blasts reverberate through my entire body  
The houses that once lined the cobblestone lanes here are not unlike Cherryhill Lane back home,  
except here, they have been turned to rubble with bombings.

I don't throw up anymore like when I first got here, I must be getting used to things I see  
Woman, children and animals roam aimlessly taking shelter in the roofless pieces of buildings left standing  
Anywhere is good to them, as long as it is not in a bullet's path.

They are like the raccoons at Aunt Jane's farm scavenging through garbage cans for morsels of food,  
they seem oblivious as the fighting continues around them  
I am afraid to look into their eyes for fear it will change me, weaken me  
I cannot let my guard down or I'll be dead

Day and night I hear gunfire  
I cannot remember the last time I slept  
mostly because I fear if I close my eyes, I won't see my enemy coming

How is Grandma doing, did she get over her bout with the flu?  
I seem to be sick a lot, they say it is the water, we sometimes have to go all day without

Our troop covered many miles yesterday and as we trudged through waist high waters here,  
I was remembering all the good times swimming over at Josh's house  
how good it would be to feel that cool, clear water on my skin instead of feeling the leeches sticking

Dad, I have to ask -- did you ever find yourself doubting why you joined the Service?  
What your purpose was?  
I find myself wondering why I decided to fight in this war  
I can't remember my reason anymore  
I wish I could come home- I miss you all so much

My Commanding Officer reported we are gaining ground, we should have the area secured later this week  
translation:  
we have killed or taken prisoner the guilty and innocent people of this country for whose benefit we are supposed to be fighting

Please hug Susie for me, and tell her I love her and miss her  
and to keep writing,  
for an eleven year old, she is quite a kid  
It's sad some of the guys don't even have kid sisters  
I'm lucky

We all take turns reading our letters from home, 'cause it passes the time  
Hell, (sorry mom) some of the guys don't even have families  
It is definitely true, the old saying, "You never really know what you have until it is gone".  
I feel I took you all for granted  
I'm sorry

I would give anything to hear you yelling at me to clean up the mess in the bathroom  
Most of the guys lie to their families about what it is like here  
but if I kept it inside I think I would go crazy  
Two of the soldiers in the company have had pieces of shrapnel gouge their eyes  
and have lost their sight, I envy them in a way  
I am so young to have seen what I have seen  
I'll bet you I have seen worse than ol' Doc Johnson -- the severed limbs the blood,  
nothing like in the horror movies I used to see at the Avonlea Theatre  
I can't seem to answer how one person can do this to another.

I find myself praying and asking God for answers, ol' Reverend Barker will get a kick out of that  
especially from the guy who said, he'd never go to church, said it was a waste of time.  
I don't feel that way anymore  
I only hope God hears me and can forgive me  
I would understand if he couldn't  
I just want him to know I had to do what I have done,  
for survival.

Our Commanding Officer was just here again: yesterday we were gaining ground, I sense now they have us cornered, he didn't say that in so many words, but my gut tells me otherwise  
Dad, I know you tried to instill in me to be a man, be brave  
but right now I cannot stop the tears, I fear for my life, please don't be angry at me  
Everyday I have reminded myself not to be selfish  
but today, protecting and serving myself is the only thing on my mind



Mom, I find myself thinking of what you said the day I told you I enlisted in this god forsaken war  
"How could you? You could never hurt anyone"  
Please pray for my soul mom,  
I have lost count of how many lives I have taken  
to save my own and that of my fellow soldiers  
and what's worse,  
I don't even feel any remorse anymore  
They used to have faces, but that changed  
but then so have I  
you wouldn't even recognize me - my stomach has shrunk from  
lack of food  
my face is gaunt

I started smoking to help me stay awake at nights  
my skin is scarred from the rashes we have suffered  
I look like I am 16 again with a bad case of acne  
I only wish that were true,  
instead I have aged beyond my years  
and how I look now, I will carry with me for the rest of my life  
it will be a constant reminder every time I look in the mirror  
of this war  
and what I have done to survive it  
if I survive...



*Letters, shopping lists, notes passed in school, poems about friends, notes to self. The words just seem to flow. Nancy doesn't remember when she started writing, only that it has been something she has always done, and loved. Nancy began working at*

## Mac Facts

*By Donna M. Millard*

Employee Data provided by Human Resources Services. The data does not reflect current moves to downtown Hamilton.

- Building with largest number of employees—Health Sciences Centre: 874
- Building with smallest number of employees—Five way tie with 1 employee each:
  1. Atrium Building (10 George St, Hamilton)
  2. Biology Greenhouse
  3. Charlton Family Medical (25 Charlton Ave, Hamilton)
  4. Preliminary Laboratory
  5. Refectory
- Employees furthest from campus—Sioux Lookout: 1800 kms from Hamilton

*Donna M. Millard is the Reference Librarian at Mills Memorial Library. She has been at McMaster since 1988.*

# Retrospectives

By Kenneth Moyle

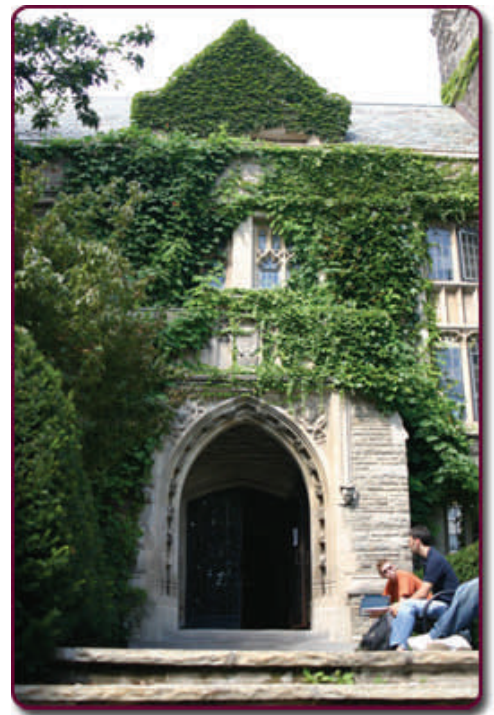
Anyone who's had to name a new thing, be it a book, a baby, or a building, can imagine the hours of debate and dithering required to produce the fairly unremarkable and even obvious "Perspectives" for this newsletter. And this is just a newsletter. In this fit of expansion, there are rooms, wings and whole buildings to name, and a survey of the campus offers a study in nomenclature: the apt and the awkward, the fashionable and the timeless, the subtle and the bold.

The earliest buildings on the Hamilton campus have rather succinct names, and where they are commemorative, the commemorations are often vague or oblique. Edwards Hall and Wallingford Hall are named for the benefactors' father and birth-place respectively, and Hamilton Hall honours en masse the citizens of the city who raised a remarkable half-million dollars to bring McMaster here. University Hall, as much immodest as redundant, seems to have been named by the university after itself.

The expansions of the 1950s introduced, aside from Mills Memorial Library, a host of extended and prosaic names: the Nuclear Research Building, the Physical Sciences Building, the Engineering Building. Lots of typing, little oomph. The state-sponsored building boom of the Sixties and Seventies brought more of the same, only with even less sizzle: the General Science Building, the Senior Sciences Building, the Life Sciences Building, the Health Sciences Centre, and Arts I through III. The elegantly named Divinity College and the commemorative Gilmour Hall provided the only non-utilitarian touches. The retirements and passing of many of the academic lights of McMaster's early years allowed for a number of humanizing re-christenings. At first, the surname seemed to suffice: Physical Science to Burke Science. Soon, only the full name would do, as the numbered Arts buildings became Chester New, Kenneth Taylor and Togo Salmon Halls. By the late eighties, nothing less than two initials would suffice for the A. N. Bournes Science né SSC Building or the H. G. Thode Library of Science and Engineering, with the Michael G. DeGroote School of Business upping the ante a few years later. One wonders whether William McMaster's spirit, unless it is above such petty concerns, feels that it might have gotten more for his million odd dollars than a mere surname.

No matter the provenance, some of the building names have a natural, verbal or time-honoured charm: Edwards, Hamilton Hall, and Togo Salmon are referred to as such by all. Other names simply demanded abbreviation of some sort, but the abbreviation seems to have felt right: everyone on campus can find BSB, JHE, and Thode. But other names have proven inapt: Alumni Memorial Hall just doesn't trip off the tongue and is rarely so called, and many people seem quite unsure as to whether that hulking presence on Main Street is MUMC, HSC, the hospital or Health Sciences. The jury is still out on the Michael G. DeGroote Building and the Instructional Technology Centre. And perhaps only the regrettable passing of a beloved and mellifluously named educator can save the IAHS. And I wonder if a handful of twenties and a PartyPack of timbits at that long board meeting mightn't have brought you the Kenneth C. Moyle Newsletter for the Dissemination of Information.

*Kenneth Moyle is an Analyst with Research & High-Performance Computing Support and has been with McMaster for 11 years.*



# Hidden Treasures

By Victoria Miecznikowski

Looking for a great place to get a coffee on campus?



Check out Hava Java, the little Starbucks' café in the Burke Science Building. Tucked away on the second floor, Hava Java is definitely a hidden treasure. You can grab a great cup of coffee or satisfy a high-octane caffeine craving with a frothy cappuccino or an espresso to go!

Enjoy a decadent dessert, such as blueberry cheesecake, hazelnut torte or white chocolate mousse cake in the café-style lounge. A wide selection of flavoured Tazo teas and a small assortment of sandwiches and juices are offered as well.

Hava Java features a different daily special each day such as the "Upgrade Special" on Mondays—get a regular cappuccino for the price of a regular coffee.

Hava Java is open 8:00 am to 4:00 pm, Monday to Thursday, and closes early at 3:00 pm on Fridays.

*Victoria Miecznikowski, is Communications Coordinator for External Relations Department in the Michael G. DeGroot School of Business. She has been employed at McMaster since 2000.*