



2012 INSPIRING FROM WITHIN CONFERENCE

PROGRAM AGENDA

MORNING

8:15–8:45 a.m.	Registration & Continental Breakfast		
8:45–9 a.m.	Welcome & Introductory Remarks	Marguerite Jackson, Conference Chair	
9–10:15 a.m.	Opening Keynote	Dan Thurmon	“Off Balance on Purpose”
10:15–10:30 a.m.	Refreshment Break		
10:30–11:45 a.m.	Breakout Sessions:		
		Christopher Cartwright	“ME, Inc. – Achieving Lifetime Financial Wellness” (South/West Ballroom)
		Bobby Umar	“Personal Branding, Leadership & Passion” (Charlton)
		Donna Messer	“The Power of Leverage – Building & Utilizing Your Network” (MacNab)
		Heidi Cowie	“Handle with Care – Conflict Resolution in the Workplace” (East Ballroom)
11:45–11:50 a.m.	Remarks	Roger Couldrey, Vice-President, Administration	
11:50–1 p.m.	LUNCH – Introduce Committee Members and Draw Door Prizes		

AFTERNOON

1:00–2:15 p.m.	Breakout Sessions:		
		Christopher Cartwright	“ME, Inc. – Achieving Lifetime Financial Wellness” (South/West Ballroom)
		Bobby Umar	“Personal Branding, Leadership & Passion” (Charlton)
		Donna Messer	“The Power of Leverage – Building & Utilizing Your Network” (MacNab)
		Heidi Cowie	“Handle with Care – Conflict Resolution in the Workplace” (East Ballroom)
2:15–2:30 p.m.	Refreshment Break		
2:30–2:35 p.m.	Closing Keynote Introduction	Marguerite Jackson	
2:35–3:35 p.m.	Closing Keynote	Michael Kerr	“Putting Humour to Work”
3:35–4 p.m.	Closing Remarks	Marguerite Jackson	

2012 EMPLOYEE PROFESSIONAL DEVELOPMENT CONFERENCE

INSPIRING FROM WITHIN

- FEBRUARY 24, 2012
- THE SHERATON HOTEL, HAMILTON
- 116 KING ST. WEST

