



2012 INSPIRING FROM WITHIN Professional Development Conference **MENU**

BREAKFAST BUFFET

- Individual fruit, yogurt & granola parfaits
- Assorted muffins & granola bars
- Assorted juices, coffee & tea

MID-MORNING BREAK

- Fresh fruit smoothies
- Chocolate-dipped fruit
- Assorted muffins & granola bars
- Coffee & tea

LUNCH BUFFET

- Caesar and tossed salad with assorted dressings
- Antipasto platter
- Mushroom risotto
- Chicken stuffed with spinach & asiago cheese
- Seasonal Vegetables
- Roasted potatoes
- Garlic bread and rolls
- Assorted soft drinks, juices, coffee & tea
- Cannoli
- Assorted mini Italian cakes

AFTERNOON BREAK

- Soft drinks, coffee & tea
- Candy bar with takeaway boxes
- Sorbet station